INTRODUCTION TO THE MAJOR

The Sociology major is the study of the social—social life, social change, and the social causes and consequences of human thinking and behavior. It is an exciting degree that allows students to pursue a multiplicity of careers and interests. With access to world-renowned faculty and one of the best graduate programs in sociology, undergraduates have a unique opportunity to engage in a lively academic environment.

BUILD YOUR SKILLS

- Understand and apply key sociological concepts and social theories.
- Understand and be able to employ key research methods and data used by social scientists.
- Be prepared to use a sociological lens and skills in future endeavors, in the workplace or community.
- Formulate a well-organized argument supported by evidence.
- Develop effective oral and written communication skills.
- Achieve an understanding of professional, civic, and ethical responsibility.

AMPLIFY YOUR MAJOR

- Enroll in Berkeley Connect in Sociology to connect with faculty and graduate student mentors, and your peers.
- Explore study abroad through the Sociology department.
- Seek hands-on professional development experience to supplement your classroom learning.
- Double major in Media Studies, Legal Studies, or Economics.

“I have internalized a very distinct set of skills that I will take with me into any occupational field I decide to enter. [Sociology] has offered me an invaluable way to see the world.”

– 2018 Sociology Graduate

HOW TO USE THIS MAP

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone’s Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

CONNECT WITH US

Golden Bear Orientation
Join other students in the major for new student orientation before the start of your Berkeley studies.

Getting Your Bearings
Contact a Sociology advisor at socadv@berkeley.edu for information about events for new transfer admits.

Events
Attend department events with students, faculty, and staff. Visit sociology.berkeley.edu for news and updates.

ADVISING

Sociology Advisors guide and support students by providing helpful and timely advising services, clarifying policies and procedures, and encouraging students to achieve their educational goals.

Advising drop-in sessions with advisors and peer advisors are available in 424 & 426 Social Sciences Building. You may also email socadv@berkeley.edu with general advising questions.

Advising Days and Hours:
Visit sociology.berkeley.edu/undergraduate-program for advising schedules.

SOCIOLOGY
Bachelor of Arts

Photo credit: Elena Zhukova
**SOCIOLOGY**

**DESIGN YOUR JOURNEY**

Bachelor of Arts

### Yearly Planner

**FIRST YEAR**
- Check in with your Sociology advisor.
- Map out a 4-year plan in CalCentral.
- Begin taking Sociology lower division prerequisites.
- Review Sociology major requirements.
- Consider the optional Sociology Honors Program.
- Complete your Sociology prerequisites.
- Enroll in upper division courses of interest.
- Prepare to declare Sociology as your major.
- Meet with a Sociology Peer Advisor.
- Apply for a leadership role within your student organization.
- Get involved with the Public Service Center.
- Explore student organizations outside of your major.
- Attend Calapalooza to meet clubs of interest.
- Learn about the Office of Undergraduate Research and Scholarships.
- Apply for the SLC Research Associate Program to become acclimated with the research process at Berkeley.
- Take a DeCal course that interests you.
- Follow a Course Thread of your interest.
- Explore study abroad opportunities offered through the Sociology department.
- Learn about the UC Inter campus Visitor program, which allows you to take a quarter or semester at any UC campu.
- Explore local events and attractions.

**SECOND YEAR**
- Connect with mentors and students through Berkeley Connect in Sociology.
- Learn about Sociology department-sponsored undergraduate student organizations.
- Form study groups with classmates and participate in the SOC 1 and 5 study groups at the Student Learning Center.
- Meet with a Sociology Peer Advisor.
- Apply for a leadership role within your student organization.
- Get involved with the Public Service Center.
- Explore student organizations outside of your major.
- Attend Calapalooza to meet clubs of interest.
- Discuss your sociological interests with faculty.
- Explore research and potential funding, learn how to develop a proposal.
- Apply for research fellowships, such as Cal ADAR, Center for Ethnographic Research (CER), or Labor Summer.
- Consider Berkeley Study Abroad programs and see how it may fit into your plan.
- Look for opportunities to volunteer on campus and in the Berkeley community.
- Join student government to represent your peers and develop leadership skills.
- Apply for internships locally or globally through Global Internships.
- Study, intern, and do research at Washington D.C. through UCDC and CITC.
- Consider the Alternative Breaks program to go on service trips during the spring or winter breaks.
- Explore the First Destination Survey results to find out what Sociology graduates are doing.
- Attend career and graduate school fairs.
- Conduct informational interviews in fields of interest.
- Join Handshake to find Berkeley job opportunities.
- Attend Career Connection events and network with alumni.

**THIRD YEAR**
- Complete any remaining major requirements, and enroll in your bucket list classes.
- Check in with a L&S advisor to make sure you are on track to graduate.
- Enroll in a SOC 190 capstone seminar course.
- Complete your Sociology prerequisites.
- Enroll in upper division courses of interest.
- Prepare to declare Sociology as your major.
- Meet with a major advisor on when to take the Sociological Theory sequence and explore the Research Methods Concentration.
- Go to professor and GSI office hours.
- Apply for the Sociology Honors Society, Alpha Kappa Delta.
- Submit your work for publication in Eleven—The Undergraduate Journal of Sociology.
- Apply to be a Sociology Peer Advisor.
- Become a L&S Peer Advisor.
- Tutor or lead a study group at the Student Learning Center.
- Apply to be a Campus Ambassador.
- Apply to be a Golden Bear Orientation Student Leader.
- Learn about the Office of Undergraduate Research and Scholarships.
- Apply for the Undergraduate Research Apprenticeship Program (URAP).
- Map a plan to graduate school using Step-by-Step.
- Consider a double major or a minor.
- Take a Big Ideas course to exchange ideas between disciplines.

**FOURTH YEAR**
- Prepare to declare Sociology as your major.
- Check in with your Sociology advisor.
- Map out your Sociology lower division prerequisites.
- Review Sociology major requirements.
- Consider a second major, minor, or certificate.
- Explore the First Destination Survey results to find out what Sociology graduates are doing.
- Attend career and graduate school fairs.
- Conduct informational interviews in fields of interest.
- Join Handshake to find Berkeley job opportunities.
- Attend Career Connection events and network with alumni.
- Explore gap year opportunities before embarking on your next academic or career adventure.
- Attend events or programs at Berkeley Arts and Cultural Distinctive Center (CITC), or Labor Summer.
- Explore the First Destination Survey results to find out what Sociology graduates are doing.
- Attend career and graduate school fairs.
- Conduct informational interviews in fields of interest.
- Join Handshake to find Berkeley job opportunities.
- Attend Career Connection events and network with alumni.

### WHAT CAN I DO WITH MY MAJOR?

**Jobs and Employers**
- Adjunct Faculty, Othorne College
- Build/Planning Tech., City of Davis
- Business Dev. Assoc., Oracle Corp.
- Case Admin., US Court of Appeals
- Comms. Assist., Save the Redwoods
- College Advisor, UC Berkeley
- Fellow-English Teaching Assistant
- Fellow-Program Coord., AmeriCorps
- Human Resources, Cisco Syst. Inc.
- Paralegal, Fed. Public Defender, D.C.
- Paralegal, Lieff, Cabraser, LLP
- Park Ranger, National Park Service
- Philan. Manager, Mission Asset Fund
- Product Designer, Lyft
- Research Assoc., Real Cptl. Analytics
- Us Dept of State-Fulbright Scholar

**Graduate Programs**
- Business Administration
- Career Counseling
- Education
- Health and Medicine
- Law
- Psychology/MFT
- Public Policy
- Social Welfare
- Sociology
- Student Affairs

**Examples gathered from the First Destination Survey of recent Berkeley graduates.**