



Photo credit: Sociology Department

HOW TO USE THIS MAP

Use this map to help plan and guide your experience at UC Berkeley, including academic, co-curricular, and discovery opportunities. Everyone's Berkeley experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

CONNECT WITH US

Golden Bear Orientation

Join other students in the major for **new student orientation** before the start of your Berkeley studies.

Getting Your Bearings

Contact a Sociology advisor at **socadv@berkeley.edu** for information about events for new transfer admits.

Events

Attend department events with students, faculty, and staff. Visit **sociology.berkeley.edu** for news and updates.

ADVISING

Sociology Advisors guide and support students by providing helpful and timely advising services, clarifying policies and procedures, and encouraging students to achieve their educational goals.

Advising drop-in sessions with advisors and peer advisors are available in 424 & 426 Social Sciences Building. You may also email **socadv@berkeley.edu** with general advising questions.

Advising Days and Hours:

Visit **sociology.berkeley.edu/undergraduate-program** for advising schedules.

SOCIOLOGY

Bachelor of Arts

Berkeley
UNIVERSITY OF CALIFORNIA

INTRODUCTION TO THE MAJOR

The **Sociology** major is the study of the social—social life, social change, and the social causes and consequences of human thinking and behavior. It is an exciting degree that allows students to pursue a multiplicity of careers and interests. With access to world-renowned faculty and one of the best graduate programs in sociology, undergraduates have a unique opportunity to engage in a lively academic environment.



Photo credit: Elena Zhukova

“ I have internalized a very distinct set of skills that I will take with me into any occupational field I decide to enter. [Sociology] has offered me an invaluable way to see the world. ”

– 2018 Sociology Graduate

BUILD YOUR SKILLS

- Understand and apply key sociological concepts and social theories.
- Understand and be able to employ key research methods and data used by social scientists.
- Be prepared to use a sociological lens and skills in future endeavors, in the workplace or community.
- Formulate a well-organized argument supported by evidence.
- Develop effective oral and written communication skills.
- Achieve an understanding of professional, civic, and ethical responsibility.

AMPLIFY YOUR MAJOR

- Enroll in **Berkeley Connect in Sociology** to connect with faculty and graduate student mentors, and your peers.
- Explore **study abroad** through the Sociology department.
- Seek hands-on professional development experience to supplement your classroom learning.
- Double major in **Media Studies, Legal Studies, or Economics**.

Visit **ue.berkeley.edu/majormaps** for the latest version of this major map.

Berkeley

Sociology

410 Social Sciences Building
Berkeley, CA 94720

sociology.berkeley.edu

	FIRST YEAR	SECOND YEAR	THIRD YEAR	FOURTH YEAR	WHAT CAN I DO WITH MY MAJOR?
Explore your major	<p>Check in with your Sociology advisor. Map out a 4-year plan in CalCentral. Begin taking Sociology lower division prerequisites. Review Sociology major requirements. Check out Sociology Writing Resources. Consider a second major, minor, or certificate.</p>	<p>Complete your Sociology prerequisites. Enroll in upper division courses of interest. Prepare to declare Sociology as your major. Consult with a major advisor on when to take the Sociological Theory sequence and explore the Research Methods Concentration. Go to professor and GSI office hours.</p>	<p>Check in with your advisor on how to balance your schedule, fulfill your requirements, and the optional Sociology Honors Program. Enroll in elective courses to gain depth of knowledge in a topic or subject. Consult with a major advisor and review your Academic Progress Report.</p>	<p>Complete any remaining major requirements, and enroll in your bucket list classes. Check in with a L&S advisor to make sure you are on track to graduate. Enroll in a SOC 190 capstone seminar course.</p>	<div><div>Jobs and Employers</div><div>Adjunct Faculty, Ohlone College Build./Planning Tech., City of Davis Business Dev. Assoc., Oracle Corp. Case Admin., US Court of Appeals Comms. Assist., Save the Redwoods College Advisor, UC Berkeley Fellow-English Teaching Assistant Fellow-Program Coord., AmeriCorps Human Resources, Cisco Syst. Inc. Paralegal, Fed. Public Defender, D.C. Paralegal, Lief, Lief Cabraser, LLP Park Ranger, National Park Service Philan. Manager, Mission Asset Fund Product Designer, Lyft Research Assoc., Real Captl. Analytics US Dept of State-Fulbright Scholar</div></div>
Connect and build community	<p>Connect with mentors and students through Berkeley Connect in Sociology. Learn about Sociology department-sponsored undergraduate student organizations. Form study groups with classmates and participate in the SOC 1 and 5 study groups at the Student Learning Center.</p>	<p>Meet with a Sociology Peer Advisor. Apply for a leadership role within your student organization. Get involved with the Public Service Center. Explore student organizations outside of your major. Attend Calapalooza to meet clubs of interest.</p>	<p>Apply for the Sociology Honors Society, Alpha Kappa Delta. Submit your work for publication in Eleven—The Undergraduate Journal of Sociology. Apply to be a Sociology Peer Advisor.</p>	<p>Become an L&S Peer Advisor. Tutor or lead a study group at the Student Learning Center. Apply to be a Campus Ambassador. Apply to be a Golden Bear Orientation Student Leader.</p>	
Discover your passions	<p>Learn about the Office of Undergraduate Research and Scholarships. Take a DeCal that interests you. Follow a Course Thread of your interest.</p>	<p>Apply for the Undergraduate Research Apprenticeship Program (URAP). Map a plan to graduate school using Step-by-Step. Consider a double major or a minor. Take a Big Ideas course to exchange ideas between disciplines.</p>	<p>Discuss your sociological interests with faculty. Explore research and potential funding, learn how to develop a proposal. Apply for research fellowships, such as Cal ADAR, Center for Ethnographic Research (CER), or Labor Summer.</p>	<p>Teach your own DeCal course. Apply to the Institute for the Study of Societal Issues (ISSI) to conduct interdisciplinary research on societal issues.</p>	<div><div>Graduate Programs</div><div>Business Administration Career Counseling Education Health and Medicine Law Psychology/MFT Public Policy Social Welfare Sociology Student Affairs</div></div>
Engage locally and globally	<p>Explore study abroad opportunities offered through the Sociology department. Learn about the UC Intercampus Visitor program, which allows you to take a quarter or semester at any UC campus. Explore local events and attractions.</p>	<p>Consider Berkeley Study Abroad programs and see how it may fit into your plan. Look for opportunities to volunteer on campus and in the Berkeley community. Join student government to represent your peers and develop leadership skills.</p>	<p>Apply for internships locally or globally through Global Internships. Study, intern, and do research at Washington D.C. through UCDC and CITC. Consider the Alternative Breaks program to go on service trips during the spring or winter breaks.</p>	<p>Apply for a postgraduate fellowship. Explore gap year opportunities before embarking on your next academic or career adventure. Attend events or programs at the Jacobs Institute for Design and Innovation.</p>	
Reflect and plan your future	<p>Prepare for the job market with a Sociology degree. Apply to the Cal Job Shadow Program. Map your major to careers. Explore careers and graduate programs at the Career Counseling Library. Plan your career goals with the Yearly Planner.</p>	<p>Conduct informational interviews in fields of interest. Join Handshake to find Berkeley job opportunities. Attend Career Connection events and network with alumni.</p>	<p>Explore the First Destination Survey results to find out what Sociology graduates are doing. Attend career and graduate school fairs. Check out resources from the American Sociological Association. Consider applying for summer work or internships.</p>	<p>Utilize job board tools in your job search. Boost your networking skills and make Berkeley Career Network connections. Prepare questions for informational interviews. Pursue On-Campus Recruitment. Apply to jobs or graduate programs.</p>	<div><div>Examples gathered from the First Destination Survey of recent Berkeley graduates.</div></div>